WHICH DEGREE IS RIGHT FOR YOU?

D I E T E T I C S  O R  N U T R I T I O N  &  H E A L T H

DIETETICS
Pathway to attaining "Registered Dietitian Nutritionist" (RDN) credential

DO YOU ENJOY?
- Counseling
- Science of food and nutrition
- Nutrition Care Process
- Medical nutrition therapy

PLACES OF EMPLOYMENT
- Clinical nutrition practice
- Community nutrition
- School nutrition practice
- Food production management
- Education and research
- Private practice

KEEP IN MIND
- Every dietitian is a nutritionist, however, not every nutritionist is a dietitian
- In healthcare, Registered Dietitian Nutritionists are recognized as nutrition experts holding a medical credential
- RDNs focus on both normal nutrition and nutrition care for diseases

FOR MORE INFO
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N U T R I T I O N  &  H E A L T H
Pathway to becoming a Nutritionist NOT to earning "Registered Dietitian Nutritionist" (RDN) credential

DO YOU ENJOY?
- Education on a nutritional lifestyle
- Nutrition and health promotion
- Researching nutrition and the effects on the human body

PLACES OF EMPLOYMENT
- Health care setting
- Community nutrition
- Public health education
- Corporate wellness
- Research
- Pharmaceuticals

KEEP IN MIND
- Individuals working in the field with a degree in nutrition and health emphasize nutrition education and public health
- There are numerous career pathways
- Nutritionists focus on nutrition for healthy individuals
- This is a great stepping stone to health professions, such as nursing, physician assistant, or others

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