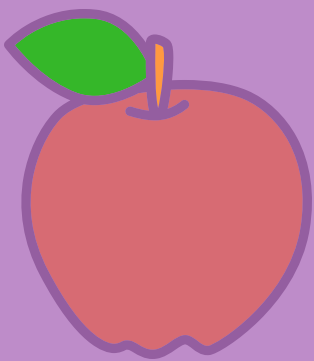


# WHICH DEGREE IS RIGHT FOR YOU?

## DIETETICS OR NUTRITION & HEALTH



### DIETETICS

Pathway to attaining  
"Registered Dietitian Nutritionist"  
(RDN) credential

### DO YOU ENJOY?

- Counseling
- Science of food and nutrition
- Nutrition Care Process
- Medical nutrition therapy

### PLACES OF EMPLOYMENT

- Clinical nutrition practice
- Community nutrition
- School nutrition practice
- Food production management
- Education and research
- Private practice

### KEEP IN MIND

- Every dietitian is a nutritionist, however, not every nutritionist is a dietitian
- In healthcare, Registered Dietitian Nutritionists are recognized as nutrition experts holding a medical credential
- RDNs focus on both normal nutrition and nutrition care for diseases

### FOR MORE INFO

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### NUTRITION & HEALTH

Pathway to becoming a Nutritionist  
NOT to earning  
"Registered Dietitian Nutritionist"  
(RDN) credential

### DO YOU ENJOY?

- Education on a nutritional lifestyle
- Nutrition and health promotion
- Researching nutrition and the effects on the human body

### PLACES OF EMPLOYMENT

- Health care setting
- Community nutrition
- Public health education
- Corporate wellness
- Research
- Pharmaceuticals

### KEEP IN MIND

- Individuals working in the field with a degree in nutrition and health emphasize nutrition education and public health
- There are numerous career pathways
- Nutritionists focus on nutrition for healthy individuals
- This is a great stepping stone to health professions, such as nursing, physician assistant, or others

### FOR MORE INFO

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